

The Home for Little Wanderers is one of the largest providers of behavioral health services for children, youth and families in Massachusetts. Through multiple community-based and outreach programs, our services may be accessed at any point in the continuum of care, based on individual need. In addition to our program and clinic sites, we work in the community at the locations that are most convenient for children, families and young adults — their homes, schools and community-based settings — to provide the most appropriate level of care.

The Home practices the “wraparound” system of care in its behavioral health programs — a model of service that develops plans focused on the individual strengths and needs of members of the family. Through this process, families increase their sense of competence, acquire new skills for managing the special needs of their child, and have access to the resources they need to build an effective ongoing support network.

The primary service areas offered through The Home’s behavioral health programs include:

- ◆ Outpatient therapy
- ◆ School-based therapy
- ◆ In-home therapy
- ◆ Family support and stabilization
- ◆ Therapeutic mentoring
- ◆ Intensive care coordination
- ◆ Early childhood clinical services
- ◆ Mental health consultation to schools and community agencies
- ◆ Navigating local child and family care systems

We work in
**clinics, schools
and homes,**
where families
need us most.

The Home recognizes that families may not always know which service is right for them and their child at that time; we provide a single contact point from which our experienced clinicians can advise and determine the most effective program.

To make a referral or for more information on any of the behavioral health programs outlined in this brochure, please call:

Central Intake:
855-240-HOME (855-240-4663)



Strong families. Strong life.

For more than 200 years, The Home for Little Wanderers has earned a reputation for doing whatever it takes to strengthen vulnerable families and keep children safe in their own communities, even when they don’t have family support. We provide a seamless continuum of vital programs and services for every stage of child and family development.

Serving children and youth from birth to 22, The Home makes a positive impact on over 7,000 lives each year through a network of services including behavioral health, therapeutic residential and special education, adoption and foster care. In addition, a number of innovative programs provide specialized assistance to youth transitioning to adulthood from state systems of care.

We continuously measure the impact of our work to develop and enhance our programs. We never give up on children. And we don’t let children give up on themselves. By advocating on behalf of each and every one of them, we strengthen our families, our communities and our Commonwealth.

Our mission is to ensure the healthy behavioral, emotional, social and educational development and physical well-being of children and families living in at-risk circumstances.

For more information about The Home’s programs for children and families, visit:

www.thehome.org

Administrative Offices
271 Huntington Avenue, Boston, MA 02115
888-HOME-321 | www.thehome.org



Behavioral Health Services

*A Comprehensive Continuum of Care
for Children, Youth and Families*





How We Can Help

The primary goal of Behavioral Health Services at The Home is to provide timely services which enhance quality of life, are preventative and help children and families function and feel better.

Through multi-disciplinary teams of social workers, psychologists, mental health counselors, psychiatrists, early childhood development therapists, family specialists and program administrators, we provide treatment and support for social, emotional and behavioral issues which can arise at any time, ensuring that children and families have the care they need to thrive and succeed.

The Home's areas of expertise include:

- ◆ Individual, group, family and couples counseling
- ◆ Individual play therapy
- ◆ Crisis intervention
- ◆ Behavioral stabilization
- ◆ Child and family skills development
- ◆ Specialized trauma services
- ◆ Psychological and neuro-psychological testing
- ◆ Medication management
- ◆ Needs assessment and individual treatment plans
- ◆ Case management
- ◆ Sexual and gender identity counseling
- ◆ Specialized work with foster placements
- ◆ Pre-adoptive, adoptive and adoption disruption counseling
- ◆ Birth parent counseling
- ◆ Vocational and daily living supports

Our focus is on what matters most: helping children and families thrive and succeed.

The Home's staff is trained in Cognitive Behavioral Therapy. In addition, we have clinicians who are trained in Attachment Therapy, Dialectical Behavioral Therapy (DBT), Child Parent Psychotherapy and Sensory Motor Arousal Regulation Treatment (SMART).

Choosing the Right Service

The Home's Central Intake system connects you immediately to a knowledgeable clinical coordinator who will be able to assess your current needs and refer you to the most appropriate service within our network of behavioral health programs. Because our treatment programs form part of a continuing system of care, including many elements approved under the Children's Behavioral Health Initiative (CBHI), service levels can be stepped up or decreased depending on individual need and medical necessity. Programs within our network include:



Child & Family Counseling Center is a licensed outpatient mental health clinic that provides a wide range of specialty services to adults, children and their families who are facing emotional, behavioral, developmental or academic challenges. The Clinic also provides outreach counseling services on site in schools throughout Boston and in children's homes as needed.

Individuals, children and families may seek help from the Child & Family Counseling Center for a variety of concerns. Some examples include: depression; grief and loss; anger management/behavior problems; trauma history, including domestic violence, homelessness or substance abuse; family conflict; stress/anxiety; sexual orientation or gender identity questions; foster placements; pre-adoptive and adoptive counseling; and school functioning.



Preschool Outreach Program, a part of the Child & Family Counseling Center, specializes in early childhood development. The goal of the program is to help children ages birth to seven years, who have been identified with challenges in their school or day care program, achieve success in family relationships and the learning environment. The program staff is experienced

in consultation and training for parents, caregivers, teachers and other early childcare providers related to the social and emotional development and needs of young children. Areas of specialty include: trauma, attachment, and prevention services; teacher trainings to support understanding of social and emotional health in the classroom; classroom observation, assessments and consultation; and individual play and family therapy.



Safe at Home provides multiple community-based services to children, youth and families with behavioral health needs, allowing them to remain safely at home in times of crisis when more than outpatient care is needed. The scope of this program's work includes in-home therapy and therapeutic mentoring, which are both Children's Behavioral Health Initiative (CBHI) services, as well as family stabilization services and a community

support program (CSP). The CSP provides parenting support, housing assistance and advocacy, while helping to make connections to community, education and employment resources.

We counsel families in crisis, helping them stay together and take care of their children.



Family Partners & Therapeutic Mentors, part of CBHI, provide one-on-one support to families and adolescents. **Family Partners** offer strength-based services and coaching for parents or caregivers who have a child with serious emotional disturbance; they all have personal experience parenting a child with challenges and can help parents build skills, provide advocacy and

assist in navigating the child serving systems (DCF, education, mental health, juvenile justice, etc.) The Home has Family Partners who speak Spanish, Haitian Creole, Portuguese and Mandarin.

Therapeutic Mentors, available to youth under the age of 21, offer structured, strength-based support services to address daily living, social, and communication needs. Services include supporting, coaching, and training in age appropriate behaviors, interpersonal communication, functional skill-building, problem solving, conflict resolution, and relating appropriately to other youth, as well as adults.



Community Service Agencies facilitate care planning and coordination of services for youth with serious emotional disturbance who are under the age of 21, enrolled in MassHealth Standard or CommonHealth, and who meet the medical necessity criteria. An intensive care coordinator (ICC) is assigned to each youth and family and works with them to: complete a risk assessment and

develop a safety plan and an Individual Care Plan (ICP) and assemble a team of the family's preference comprising formal (e.g. teachers, state agency workers, etc.) and natural (e.g. friends, neighbors, etc.) members to help support the youth and family. A family partner works closely with the ICC to help families navigate the child-serving systems, identify available community supports and coach the parent/caregiver in achieving the goals identified on the ICP.



Therapeutic After School Program

(TASP) is a clinically-oriented after school program for children and youth between the ages of 10 and 18. It provides a range of therapeutic, recreational, educational, and family services and collaboration with community-based resources in order to maintain the child in the most appropriate placement. TASP utilizes

a learning model that focuses on the rewards inherent in forming supportive, healthy relationships. Through the use of structure, routines and activities, children and youth learn self-control and personal responsibility, as well as the competencies that build self-esteem. Many skills are taught, including study and daily living skills, social and recreational skills, coping skills, behavior management techniques, and responsibility to others. Other services available through the program include parent support groups, educational advocacy, employment assistance and coaching.