



Greater Waltham Arc

Annual Report

2015

***Celebrating 59 Years of Service
1956—2015***

***GWArc is committed to the inclusion of all
people with disabilities. For information and
assistance, please contact our main office.***

***GWArc is a 501(c)(3) nonprofit, tax-exempt organization
and an affiliated chapter of the Arc of Massachusetts
and the Arc of the United States.***



**56 Chestnut Street, Waltham, MA 02453
PHONE 781-899-1344 TDD 781-899-8555**

www.gwarc.org



From the Chief Executive Officer

Greetings and thank you for your attention to this, GWArc's Annual Report for 2015. I join GWArc staff, participants and the Board of Directors in wishing you the best for 2016. We are all stakeholders in GWArc and your interest in this agency is vital to our mission.



Roz Rubin, GWArc CEO, and Marcia MacClary, incoming 2016 Board President, plan for the coming year.

While we look back on a challenging and successful year at GWArc, we also look ahead to the start of our 60th year of service to individuals with intellectual and developmental disabilities and their families/guardians.

This past year brought changes and challenges. GWArc welcomed new management staff—Chief Financial Officer, Chief Program Officer and Recreation Manager. The CFO has already brought modifications to our systems to make the agency more efficient in the areas of finances, human resources and technology. The Chief Program Officer has oversight of Day Habilitation, EPT, Recreation and Adult Family Care programs and is contributing energy and ideas to each program. If you have seen our quarterly recreation brochure, you know that GWArc and other community participants have had quite an active and varied menu of activities to enjoy this year. Several new direct care staff members have joined our team and they are welcomed and appreciated.

Our accomplishments this year represent changes—all for the better. See inside for the highlights of each program. To note a few, Day Habilitation continues changes to schedules, room composition and curriculum to best accommodate the interests and abilities of those we support. Community Based Day Supports (CBDS) has expanded activities with a significant number of volunteer activities and community trips. Recreation programming has added several staff to assist with these cost effective and accessible activities. And our Adult Family Care (AFC) program continues to grow, this year serving 30% more members who are caregivers to family members in their homes. I hope you enjoyed “Ciao Down for GWArc” and our 45th Annual Harvest Breakfast this year and met some of those we support—we love to have GWArc stakeholders with us.

While all this is happening, GWArc is excited to prepare for the agency's 60th anniversary! Two events are planned so far—a Diamond Anniversary Gala and a community Dance Party featuring the rock band Flame, both in December 2016. Watch for your “Save The Date” announcement and join us to commemorate a big year for our remarkable organization.

Yes, challenges continue—a difficult state funded budget, more space needed for current and future programming, and a population which changes, as we all do, as aging occurs. For all these reasons, we need your support and you are reminded to keep up with GWArc through our website, mailings and electronic messages. Your input is needed in all areas and I invite you to be in touch with me or other GWArc staff and Board members with your ideas.

Regards,

A handwritten signature in black ink that reads "Roslynn Rubin".

Roslynn Rubin, Ed.D
Chief Executive Officer

Celebrating 59 Years of Excellence...

We are able to point with pride to important achievements which required a strong, capable staff and the support of GWArc's many friends to provide high quality service to over 300 individuals this year. Among our proudest accomplishments are:

Administration & Systems – *Responsible for the business aspects of GWArc, including finances, accreditation, technology, structure of the agency and facilities and safety.*

- Completed DDS Survey & Certification process
- Completed Commission on Accreditation of Rehabilitation Facilities (CARF) survey
- Continued to investigate options for larger space in the community; responded to City of Waltham RFPs for use of the Fitch School
- Engaged KPM & Associates to conduct annual audit for 2nd year

Participant Programming – *Curriculum additions to enrich daily experiences, develop life skills and strengthen community connections.*

- Volunteering in the community continued to be an important and enjoyable activity, providing an opportunity for participants to give back. Volunteer sites include Phinney's Friends (packaging pet supplies for elderly/low-income families), Meals on Wheels, meal preparation for The Salvation Army and gardening with Meadow-scaping for Biodiversity, a community group
- Volunteering also included ongoing collaboration with the Waltham Rotary Club to help stock local food pantries. Rotary members donate funds at weekly meetings; GWArc participants use funds to shop for and deliver food to four Waltham food pantries. Our Rotary-GWArc Day of Service in July included shopping for \$900 worth of groceries and delivery to local food pantries
- *Artists of GWArc* arts programming continued with Music & Movement conducted by Tim Cohen, held twice a month at each site. Funding was provided by the Waltham Cultural Council and Waltham Community Foundation
- Interactive drumming with Mace Miller and Music Group with James Jones also continued twice a month
- Small groups from each site visited The Micheli Center for Sports Injury Prevention weekly for individualized exercise instruction. Our thanks to The Micheli Center for providing scholarships to allow our participants to attend
- Continued active use of 13 iPads, with adaptations for participants
- Participants and staff attended the Arc of Massachusetts Legislative Day at the State House
- GWArc held a City Leaders Forum with representatives of the Waltham Disability Services Commission and Waltham City Council to allow participants to share ideas and ask questions
- Community trips to educational/recreational sites grew in number and variety. Highlights include tours of Watertown Savings Bank and visits to Patriot Place, USS Constitution, art and science museums, The Butterfly Place, bowling, fishing and apple picking

Day Habilitation – *Funded by the Department of Medicaid Assistance and Department of Developmental Services, our Day Habilitation program is located at 56 Chestnut Street, Waltham. Services include communication and motor skills development through exercise, music, crafts, cooking, volunteering and community trips.*

- Began introduction of new curriculum and schedules
- Bentley Service-Learning students began volunteering daily
- Volunteer artist/art instructor Dan Dressler introduced participants to the art of collage

Employment, CBDS and Transitions – GWArc's day program located at 31 Woodland Road, Waltham. Employment services include independent community work and group supported employment at four local universities. CBDS program participants enjoy a curriculum of activities which include life skills such as communication, community safety, money management, volunteering and community trips. The School to Work Transitions Program works with Waltham Public Schools high school students to ensure meaningful future community involvement.

- Added Group Supported Employment (GSE) site at Babson College with 4 participants. 24 GSE participants continued work at Brandeis and Bentley Universities and Lasell College; 16 individuals worked at supported job placements in the community
- In addition to volunteering and community trips, CBDS participants enjoyed gardening and cooking activities
- School to Work Transitions served 31 students during the school year, with 20 holding part-time community jobs or volunteer positions. The Transitions Summer Program was held at Bentley University

Adult Family Care Program (AFC) – Medicaid funded tax-free financial support to families caring for their adolescent/adult children with disabilities and/or the elderly in their homes.

- AFC now serves over 40 Members. AFC staff attended many area events to reach caregivers who can benefit from this program
- Materials in Spanish and for caretakers of the elderly were created

Recreation – Recreation Program activities for adults, adolescents and children in the community and for GWArc participants. Community-based activities with experts leading the events are emphasized.

- Quarterly Recreation brochure produced, with 128 activities offered, including classes, day trips and 3 overnight events. New and varied activities, as well as longstanding favorites, were very popular
- Implemented community service activities with the support of a grant from the Jones Partnership Fund

Workforce Development – Staff training and development.

- Staff training was provided in American Sign Language (ASL), Alzheimer's Disease, Low Vision, Prevent (management of challenging behavior), Diversity/Cultural Competency and iPad usage and apps. Grant funding for ASL training was provided by CHNA-17
- Staff recognized at Annual Meeting and given a gift

Watch City Self Advocates – Members of GWArc's Day and Employment Programs who join together to learn how to make and how to influence better choices in their lives.

- Attended the 18th Annual Mass Advocates Standing Strong Conference, which was themed "Self Determination: The Will to Achieve"
- Monthly meetings featured State Representative Tom Stanley on his work at the State House, Dani Patrick from REACH on healthy boundaries in relationships, and the Waltham Fire Department on fire safety

Marketing and Development – Ensures regular communications, updated web and print materials, annual fundraising events and activities, participation in grant opportunities and recognition/support of the agency.

- 45th Annual Harvest Breakfast and 6th Annual "Ciao Down for GWArc" fundraisers were successful, with strong community support
- Received \$43,000 in grants, including \$27,000 from Rockland Trust Charitable Foundation for our 12-passenger van and \$5,000 from the New England Patriots Charitable Foundation in honor of Mace Miller

Board of Directors – Oversees agency well-being including agency stability, finances, future planning and community connections.

- Welcomed new Board Members Peter Dixon and Kelly Hill in January
- Heard presentations by various GWArc staff members and agency consultants

Our Mission

GWArc's mission is to serve children, adolescents and adults with intellectual and developmental disabilities and their families in the community, utilizing a person-centered planning approach. We provide quality, flexible programs, services and supports which maximize independence, foster inclusion, promote self-advocacy and build community connections. GWArc programs are based upon self-determination, sound teaching practices and the latest technology. GWArc is committed to advocacy and legislation to influence attitudes and perceptions so individuals may choose and achieve life goals.

GWArc programs are funded by the Division of Medical Assistance (MassHealth), the Department of Developmental Services (DDS), Massachusetts Rehabilitation Commission and private fees. The Commission on Accreditation of Rehabilitation Facilities (CARF) accredits the Day Habilitation and EPT CBDS Programs. Day Habilitation and EPT CBDS programs are licensed by the Department of Developmental Services Survey and Certification process.

Referrals are received through the Department of Developmental Services, Department of Medicaid Assistance, Massachusetts Rehabilitation Commission and Massachusetts Commission for the Blind. GWArc also accepts private pay.



The Rotary-GWArc Day of Service for Waltham food pantries helped families in need during the summer.



The GSE crew at our new work site at Babson College.



Day Hab participants visit The Butterfly Place (left).

Transitions students in the Summer Program at Bentley (right).



Greater Waltham Arc
Day Habilitation Program
56 Chestnut Street
Waltham, MA 02453
781-899-1344
781-899-8555 (TDD)

Blanche I. Battaglino Center
Employment, CBDS and Transitions Program
31 Woodland Road
Waltham, MA 02451
781-899-2206
781-899-4710 (TDD)

Greater Waltham Arc, Inc.
Summary Statement of Revenue and Expenses
July 1, 2014 through June 30, 2015

Revenue	
Government Contracts	2,819,109
Commercial Sales and Contracts	352,295
In-Kind Contributions	84,662
Fundraising	152,344
Fees for Service	14,463
Investment Return	<u>23,228</u>
Total Revenue	<u>3,446,101</u>

Expenses	
Staff Wages, Taxes & Benefits	1,815,640
Client Wages, Taxes & Benefits	223,555
Occupancy and Depreciation	357,505
Program Services	787,976
Administrative	<u>205,539</u>
Total Expenses	<u>3,390,215</u>

Complete audited financial statements for the fiscal year ended June 30, 2015 are available on request.

***GWArc financial statements are audited by:
Kevin P. Martin & Associates, P.C.***

GWArc Board of Directors 2015

GWArc is governed by a Corporate Membership of 51 volunteers who elect a 15-member Board of Directors to oversee corporate operations. These volunteers represent the Greater Waltham community, including participants in GWArc programs, family members, the professions, local businesses and local service organizations. They provide valuable expertise, linkages and support to the organization.

<i>John Peacock, President</i>	<i>Peter Dixon</i>
<i>Jody Doucette, Vice President</i>	<i>Erik Doucette</i>
<i>Lisa Lorgeree, Treasurer</i>	<i>Harvey Fisher</i>
<i>Don Willfong, Secretary</i>	<i>Kelly A. Hill</i>
<i>Greg Abel, Immediate Past President</i>	<i>Marcia MacClary</i>
<i>James Baron</i>	<i>Adam Maher</i>
<i>Bob Clement</i>	<i>Eric R. Prichard</i>
<i>Morgan Diamant</i>	

Honorary Trustees

John Battaglino (deceased)
Arthur DeVincent (deceased)
Robert Donoghue
Jean Poirier Foster
Russ Malone
Anthony Mangini
Frederick Tortola (deceased)

A Special Thank You to Our Generous FY2015 Donors

Generous donations throughout the year in support of our appeals and special events are so important as they help to provide the many extras that make GWArc's programs and services so special. Community trips, Artists of GWArc art workshops taught by local artists, music therapy, healthy cooking classes and adaptive equipment are just some of the many inspired additional offerings that set our agency apart. Thank you to our donors and volunteers.

AAA Northeast	Charlesbank Estates, Inc.	Theresa M. Dwyer
Aflac	Charlesbank Garden Apartments	East Cambridge Savings Bank
Marilyn & Michael Alexander	The Chateau Restaurant	Nancy & Bill Eckstein
Gerald & Emilia Allain	Natwar Chauhan	Economised Time Services
Kimberly L. Alves	Pramod & Savita Chauhan	The Ehwa Family
Kathryn Anastasia	City Wide Maintenance of Boston	Electronic Fasteners, Inc.
Sharon K. Antia	Robert P. Clement	Embassy Suites Boston/Waltham
Louis J. Antico	Coastal Capital Group, LLC	Thomas B. Emberley
Anthony J. Antico	Stephen Colangelo	Jane Erickson
Bernadette Archibald	George Coleman, Jr.	Marisa Fagan
Arlex Oil Corporation	Coleman & Sons	Failla & DeFrancesco
Joseph & Doris Arsenault	Appraisal Group, LLC	Family Dentistry
Ron Arsenault	Sally Collura	Patricia Fanara
Auburndale Builders	Colvin's Inc.	Anne Marie Filosa
Maia & Donald Aucoin	Maureen F. Connelly	Shawn Finnegan
James Baron	Lisa & John Corbett	First Parish Church in Waltham
Justin Barrett	Annette & Norman Cormier	Harvey Fisher
The Battaglino Family	Jason Cormier	John & Patricia Fitzgerald
John & Beth Battaglino	Robert Corssino	Bob Francis
Lisa Battaglino	Thomas B. Coxall	Joan Galgay
Bentley University	Virginia Crane	Marilyn & Donald Garand
Thomas & Ruth Bergin	Jill Crisafulli	Glenna Gelineau
Virginia Bergin	Kevin P. Crouse	Denise Gilbert
Robin Bernstein	Anthony Damplo	Betty Giordano
Edna D. Bickmore	Flora D'Angio	Joseph M. Giordano, Jr.
Bird Precision	Ann M. Darcy	Paul W. Giunta
Henry & Elizabeth Bjorkman	Debra Dellacamera	Norma R. Goldberg
Alan S. Bloom	Judy & Richard Derle	Lino Goncalves
Robert Boit	Morgan Diamant	Gratis Foundation
Samuel H. Boit	John Dicker	Robert & Judith Hardiman
Boston Bark Corp.	Kevin & Paulette Dillon	Ruth Harutunian
Edward & Susan Bowler	Jacqueline Dimidjian	Joanne Heatley
Kathleen H. Bradley	Kristine Dinardo	Anita Hebert
Brandeis University	Romeo F. Distasio	Valmond Henrie
Fred Brasco	Doctors Express	Leo John Hickey
Brasco & Sons	Angie Doucette	Kelly Hill
Memorial Chapels Inc.	Jody & Erik Doucette	Hillcrest Consultants
Amanda M. Brennan	P.R. Douglas Company	Hobbs Brook Management LLC
Frank Briber & Frances Pollitt	James Doyle	Jenna Howard-Delman
John L. Burns	Dreaming Code	Diane Hyde
Susan Burstein	Gretchen A. Driscoll	Aaron Igdalsky
Louise Butler	Duffy Brothers Management Co.	Andrea & Sidney Igdalsky
Alvin Cadieux	Roland L. Dunbrack	Janet Ikonopoulos
John Carrig	Dunkin' Donuts	
Thomas M. Casey	William Durkee	
Yolanda Cellucci		
Elizabeth Chalfin		
Priscilla Chamberlain		

Continued...

IMS 2000 Building Maintenance Inc.	Middlesex Sheriff's Ofc. George & Joan Miller	Salmanson Joseph Scalia
Insurance Professionals of NE	John Monette	Stephen Scaparotti & Family
J.M. Ehwa Electric	Mount Auburn Hospital	Cynthia Scholz
James & Mary Jacobs	Murphy Fuel Corp.	Ron & Karen Selines
William M. Jarrett	Mutual of America	Sentinel Benefits & Financial Group
Mary Jewers	Arthur & Sylvia Nally	Settebello, Inc.
Jones Partnership Fund	The Nelson Companies	Maria Sheehan
Joyce Funeral Home	New England	Joan Sheridan
Tanya K. Karpiak	Monuments	Ben Silverstein
Carol Kasprzak	New England Office Supply, Inc.	Barbara Simons
Keane Fire & Safety Co., Inc.	New England Patriots Charitable Foundation	Simpson Gumpertz & Heger Inc.
Richelle & Mark Kennedy	John Nicolazzo & Son	Stanton Insurance
Kevin P. Martin & Associates, PC	Roger Nix	Gary Stefaniak
Mark A. Kishlansky	Louis Nocera	Stoneham Ford
Judith R. Kotanchik	Donald & Fernande Nowlan	Thomas J. Sullivan
Kenneth A. Kraus	Geneva & Real Nowlan	Carol Takvorian
Larry A. LaBranche	Yolande Nowlan	Katherine R. Taverna
Bud & Linda LaCava	Nan & Paul Okarma	Alice Taylor
Sharon Lally	Henry O'Neil	TD Bank
Bill & Donna Laswell	Paul J. Pantano, DPM	Marion Tierney
Diane P. LeBlanc	Charles & Anne Parisi	Rita Tierney
Terrence LeBlanc	Antoinette Parisi	TJX Foundation
Oscar LeBlanc	Park Lodge Hotel Group	Diana K. Topjian
The Leland Home	Partners Health Care	Jacqueline Truesdale
Jane Leo	Nilay Patel	Mark & Brenda Tuler
Rhonda LeSanto	Maureen Pawl	Unified System
John E. Lilley	Barbara Piacentino	The UPS Store #0311
Claretta Lopez	Randy Plante	Board of Trustees, Village at Clark's Pond
Eileen M. Losier	Eric R. Prichard	The Village Bank
Daniel F. & Margaret MacAdam Loughry	Pro Tech Towing & Recovery, Inc.	Michael & Vincenza Vinciullo Charitable Foundation
Charitable Fndn Trust	John A. Quisenberry	Waltham Boys & Girls Club
Marcia MacClary	Joanne Raymond	Waltham Community Foundation
Andrea Machado	Carol S. Reagan	Waltham Firefighters Local 866
Maria Malone	John Reardon	Waltham Floor Covering
Evelyn & William Maloney	Eileen Reardon	Waltham Lions Club
Jack & Elinor Marcou	Michael & Priscilla Reardon	Waltham West
Charitable Foundation	Della A. Reid	Suburban Chamber of Commerce
Susan Mason	Kenneth A. Repp	Watertown Savings Bank
Mass. Medical Society	Ann K. Reynolds	Whittier Avenue Trust
Maureen P. McCabe	Phyll Ribakoff	Wicked Local
Jeannette A. McCarthy	Concetta Richard	William F. Wiggin
McDevitt Middle School	Rockland Trust	Rita N. Wolfson
Joan McDonald	Charitable Foundation	Women's Action Alliance
Debra McGann	Pauline Romano	Stewart Woodward
Kathleen McMenimen	Rotary Club of Waltham	
Britta & Donald McNemar	RTN Federal Credit Union	
Deborah Metzel	Roslynn Rubin	
Middlesex Human Service Agency	Christine M. Ryan	
	Maureen Salkin	
	Dale & Jerry	

This list includes donors from July 1, 2014 - June 30, 2015. We apologize for any errors or omissions. Please contact the Development Office with any corrections or edits at 781-899-1344 x4147. Thank you.