



## InnerCity Weightlifting Inc

PO Box 171313 Boston MA 02117

**Incorporation Year:** 2010

[www.innercityweightlifting.org](http://www.innercityweightlifting.org)

**Organization Contact:** jonf@innercityweightlifting.org Jon Feinman

Youth Development Youth Development NEC



**CEO/Executive Director:** Mr Jonathan Feinman

**Board Chair:** Mr Todd Millay Choate Investor Advisors

### **Mission Statement:**

InnerCity Weightlifting's (ICW) mission is to reduce youth violence by connecting proven-risk young people with new networks and opportunities, including meaningful career tracks in and beyond personal training. We use the gym to replace segregation and isolation with economic mobility and social inclusion, disrupting the system that leads to urban street violence.

**Needs Statement:** In Boston, less than 1% of young people are responsible for 50% of gun violence. As overwhelming as this seems, according to the police and public health commission, it is only 450 young people driving a disproportionate percentage of it. In Philadelphia, it is 1,100 young people, and in Chicago as tragic as the numbers are, it is only 1,400. By reaching a few hundred in each city, we can have a profound ripple effect and impact tens of thousands of lives, making our communities safer and more inclusive.

This is the population that we work with. Most of our students come from Dorchester, Mattapan, and Roxbury. Most have been shot, nearly all have done significant jail time and come from household incomes of less than \$10K per year. They are written off, segregated and isolated to the streets, trapped in a system of chronic violence and inequality. According to Crime and Justice Institute there are 4 big risk factors for criminal behavior: 1) hopelessness, 2) impulsiveness, 3) peers who are breaking the law, 4) a history of breaking the law.

**Impact Statement:** 1) More than 90% of ICW students report an increased sense of hope for the future.

2) For our most committed students there is a 78% reduction in violent crime.

3) More than 70% of our most committed students spend a record amount of time out of jail.

4) 95% of students who reached stage 3 or 4 of our model avoided incarceration in 2016.

5) In 2016 373 unique personal training clients trained with our student trainers, representing new network connections and access to social capital.

**Full-time Staff:** 13

**Volunteers:** 5

(excludes part-time staff)

### **Programs Detailed on Profile**

Personal Training Career Track

Corporate Training Service

Summer Workout Series

Projected Revenue: \$1,853,582.00

Projected Expenses: \$1,834,326.00

Fiscal Year	2015	2014	2013
Total Revenue	\$1,556,619	\$1,033,934	\$779,581
Total Expenses	\$1,112,700	\$651,326	\$487,583

**Top Funding Sources**

Fiscal Year	2015	2014	2013
Top Funding Source & Dollar Amount	--	--	--
Second Highest Funding Source & Dollar Amount	--	--	--
Third Highest Funding Source & Dollar Amount	--	--	--