



National Alliance on Mental Illness of Massachusetts

The Schrafft's Center 529 Main Street, Suite 1M17 Boston MA 02129

Incorporation Year: 1982

www.namimass.org

Organization Contact: info@namimass.org Laurie Martinelli

Mental Health & Crisis Intervention Mental Health Associations - Multipurpose

CEO/Executive Director: Ms. Karen Gromis

Board Chair: Mr. Stephen Rosenfeld Rosenfeld Rafik & Sullivan



Current

Mission Statement: Our mission is improve the quality of life both for people living with mental illnesses and for their families.

Needs Statement: 1. NAMI Mass needs to increase its staffing budget to allow part time staff more working hours. We only employ 3 full time staff members, and the remaining 3/4 of our staff works part time, some not even enough to entitle them to benefits. Our part time staff works diligently on program and membership development regardless, but deserve more working hours to accomplish necessary tasks.

2. NAMI Mass needs to hire a legislative advocate. Our current budget does not allow for additional staff members. In lieu of a legal specialist, our Executive Director must take on the additional responsibilities of researching injustices and publishing position statements on legal matters relating to mental health, of which there are many, so these issues are not getting the time or attention they deserve.

3. NAMI Mass needs to hire an office manager. If we could hire support staff, senior staff could use their time more effectively.

4. NAMI Mass needs resources to train more facilitators/speakers for our Family-to-Family, NAMI Basics, In Our Own Voice, and NAMI Connection groups; so that these programs can expand to new areas and more people can have access to the help they need.

5. NAMI Mass needs more funding to continue providing and expanding the education and support programs we currently offer.

Impact Statement: 2012 Accomplishments:

1. NAMI Mass offered 18 Family-to-Family courses, a free 12 week course, which provides education, training, and support to caregivers of adults with severe mental illnesses.
2. NAMI Mass organized 174 In Our Own Voice presentations, a powerful program offered to the public where two people talk about their own recovery from mental illness.
3. NAMI Mass offered nine NAMI Basics, a free 6-session course for parents and caregivers of children and/or adolescents living with mental illness, and three 1-day workshops for parents, caregivers, child care providers and school personnel.
4. NAMI Mass's 20 local affiliates offered 62 support groups for family members and/or caregivers of loved ones with mental illness. 12 of those groups also sponsored NAMI Connection peer led support groups for people living with mental illness
5. NAMIWalks Mass was the first NAMIWalks campaign in the country to raise over \$500,000.

NAMI Mass developed a five year strategic plan in 2009. Our 2012 goals are reflective of that document.

2013 Goals:

1. NAMI Mass will double its education and support programs by 2014.
2. NAMI Mass will play an active role in policy change. New initiatives on hospital discharge rights and Emergency Service Programs are strengthening our advocacy reputation.
3. NAMI Mass will increase its membership by 20% in five years. This year, we are reaching younger populations and engaging more people with lived experience in our programs and as members.
4. NAMI Mass will become more visible in the media and in public forums. It is our goal to be the "recognized voice on mental illness in the Commonwealth" for individuals and their families.
5. By cultivating relationships with existing donors, expanding marketing efforts, and seeking diversified collaborators, NAMI Mass will raise an additional \$2 million by 2014. The fundraising goal of our 10th Annual Walk for Mental Health Awareness is \$600,000.

Full-time Staff: 7

Volunteers: 650

(excludes part-time staff)

Programs Detailed on Profile

NAMI Family-to-Family (F2F)

NAMI In Our Own Voice (IOOV)

NAMI Basics

NAMI Connection

NAMI Family Support Groups

NAMI Massachusetts Crisis Intervention and Diversion

NAMI Peer-to-Peer

Allies for Student Mental Health

CEOs Against Stigma

NAMI Mass COMPASS

Projected Revenue: \$1,539,738.00

Projected Expenses: \$1,538,795.00

| Fiscal Year | 2016 | 2015 | 2014 |
|----------------|-------------|-------------|-------------|
| Total Revenue | \$1,292,245 | \$1,238,552 | \$1,055,228 |
| Total Expenses | \$1,330,946 | \$1,232,313 | \$988,634 |

Top Funding Sources

| Fiscal Year | 2016 | 2015 | 2014 |
|---|------|------|------|
| Top Funding Source & Dollar Amount | -- | -- | -- |
| Second Highest Funding Source & Dollar Amount | -- | -- | -- |
| Third Highest Funding Source & Dollar Amount | -- | -- | -- |